Wathútkala owángkìčhiyapi šni yo/ye
Stop the spread of germs

Tona khužapi kín wichíheyab echúŋ wo/we. Avoid close contact with people who are sick.

Yapša naiŋš hoyahpe hánťaŋš, phahlipakhínte un i aglàhpìŋ na hehány ihpéyìa yo/ye. Cover your cough or sneeze with a tissue, then throw it in the trash.

Thiýáta takuku èyapathàŋșí s’a héčí hena ızéhaŋ tanýáŋ pakhíŋta yo/ye. Clean and disinfect frequently touched objects and surfaces.

Nikhuže hánťaŋš thiyatana un wó/we. Okhuže thi pi ekta èčéla ya yo/ye. Stay home when you are sick, except to get medical care.

Iśća na phasú na i kín ekpáhaŋ śni yo/ye. Avoid touching your eyes, nose, and mouth.

Iźehaŋ hai̱pazaŋa uŋ tanyēhcìŋ nape glužaza yo/ye. Oáphe čík’ála okhíse hehąghanyaggregate. Wash your hands often with soap and water for at least 20 seconds.